

Boas 6-4.9 Given $L = m\mathbf{r} \otimes \dot{\mathbf{r}}$

$$\begin{aligned}\text{Then } \frac{dL}{dt} &= \dot{L} = \frac{d}{dt}(m\mathbf{r} \otimes \dot{\mathbf{r}}) \\ &= \frac{d}{dt}(m\mathbf{r}) \otimes \dot{\mathbf{r}} + m\mathbf{r} \otimes \frac{d}{dt}\dot{\mathbf{r}} \\ &= m\dot{\mathbf{r}} \otimes \dot{\mathbf{r}} + m\mathbf{r} \otimes \ddot{\mathbf{r}}\end{aligned}$$

Now $\dot{\mathbf{r}} \otimes \dot{\mathbf{r}} = 0$ since $\sin \theta = \sin 0^\circ = 0$
in $\dot{\mathbf{r}} \dot{\mathbf{r}} \sin \theta = |\dot{\mathbf{r}} \otimes \dot{\mathbf{r}}|$

Hence, $\dot{L} = m\mathbf{r} \otimes \ddot{\mathbf{r}}$

$$\dot{L} = m\mathbf{r} \times \frac{d^2}{dt} \mathbf{r}$$