# Ending Violence on Campus ... one green dot at a time.



If each of us adds 1
or 2 or 5 or 100
green dots we will end the
perpetration of
violence one green dot
at a time.

### Inside this Toolkit:

Chapter Meetings 2 & Members

Intramural Sports 2

Program Ideas 3

On the Web 4

Social Life 5

Reinforcing the 6
Message

# **Greek Toolkit**

#### Dear Greeks,

Thanks for taking the time to help! Finding a way to integrate green dots into campus life just got easier with this handy toolkit. The toolkit outlines several different creative ways you can live the green dot.

We understand your lives are tremendously busy and for that reason, among others, we appreciate your willingness to partner with the Office of Anti-Violence Initiatives (OAVI) to help reduce violence, improve safety, and thereby improve the quality of education available to all students attending TCNJ. In an attempt to minimize stress that can often be associated with pledging your time or effort to a worthy cause, we have compiled this toolkit for you. As Greek leaders, advisors and members, you will find the tools you need to actively spread green dots throughout the Greek community and across campus.

What exactly is the green dot? The green dot represents any moment, big or small, that either directly or indirectly helps reduce the prevalence of violence on TCNJ's campus. While it certainly can, living the green dot doesn't necessarily require steadfast, overarching commitment or participation in activities that are involved and time-consuming. You can help live the green dot by creating opportunities for Greek members to learn about or further explore how power-based personal violence affects us all.

# With many thanks, OAVI

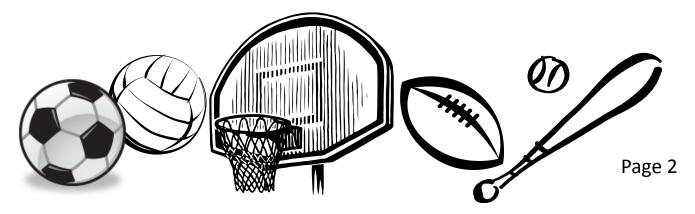
# CHAPTER MEETINGS & MEMBERS

Chapter meetings offer perfect opportunities to point out the importance of developing and maintaining healthy relationships amongst brothers and sisters, as well as fellow classmates. During these meetings, consider incorporating discussions on college partying or how best to develop and sustain a safe living environment characterized by assertive communication, healthy relationships, and effective conflict resolution. Use these conversations as a jumping off point for mentioning signs that would indicate potentially dangerous situations and green dot interventions.

The Greek system develops and enhances the leadership abilities of its members. Holding executive offices, becoming a committee chair within an organization or within the a council, can offer the opportunity to develop communication and leadership skills. These individuals can be seen as popular opinion leaders and can be invited to attend a Violence Intervention & Prevention (VIP) training in support of the Green Dot initiative.

### INTRAMURAL SPORTS

Use intramural sports as an opportunity to promote a healthy balance between competitiveness and good sportsmanship. Enhance a sense of community by encouraging chapter members to cheer for their team in a way that acknowledges their skills and avoids degrading opponents.



### PROGRAM IDEAS

Group activities and programs can be fun, interactive, and educational. Host programs like those offered by the Student Anti-Violence Education (SAVE) Peer Educators:

- Healthy Relationships
- Bystander Intervention
- The Gender Blender

Collaborate with campus and community partners to discuss legal issues, campus security, and diversity. Program facilitators could build on these messages and make connections to Green Dot by sharing examples of inclusive conversations and interventions posted as green dots on the campus map at www.tcnj.edu/greendot.

#### **New Member Education**

During this six week period, new members are taught the history, foundation, values, goals and rituals of their organization. Consider exploring how these connect with the broader campus-wide values of intolerance for violence and support for victims.

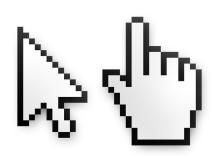


#### Campus Assessment/ Achievement Program

Keep in mind that opportunities to spread green dots across campus can also be acknowledged through the assessment packet point system. Cosponsoring an event with the Office of Anti-Violence Initiatives, for instance, could enable chapters to earn points towards the necessary completion of the assessment packet.

# ON THE WEB

The internet is a valuable resource for providing information to your chapter members and is a great venue for increasing awareness about violence prevention. Spread the Green Dot message on social networking sites using fan pages or event invites on Facebook, for example.

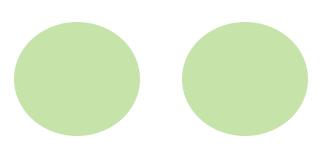






Spreading green dots may be as simple as sending an email! Help spread green dots by adding a green dot support statement to your e-mail signature line:

- "Green Dot supporter"
- "Live the Green Dot. Keep our campus safe."
- "No one has to do everything, but everyone has to do something. Live the Green Dot."
- "So, what's your Green Dot?"
- "Do you know about Green Dot?"
- "Find out how you can help stop sexual assault, domestic violence, and stalking. Live the Green Dot."
- "What kind of campus do you want? Live the Green Dot and help end violence."
- "Add a Green Dot to our campus!"





# SOCIAL LIFE

#### **Partying**

It is important to talk to chapter members about the dangers of alcohol misuse and abuse. Share some ways they can help spread green dots during parties, and tips on how you can have fun in college, while being safe and responsible. Some things you can discuss include the risks of:

- Pre-gaming and feeding drinks to friends
- Peer pressure to drink or hook-up
- Keeping drink recipes a mystery (i.e. jungle juice)

Also, ask your chapter members to keep an eye out for each other. Members may confuse loyalty as a reason to keep quiet or look the other way when witnessing potentially dangerous situations at a party. If someone is acting aggressively, tell your members to hold these people accountable so they don't hurt themselves or others.

#### **Inter-organizational Events**

Greek organizations often host closed parties exclusive to members of two or more chapters. When planning a social or mixer, choose chapters that endorse Green Dot attitudes and behaviors. Consider hosting a Green Dot themed party that reinforces the value of asking for consent and respecting the answer.

### Homecoming/Greek Week

Homecoming is one the most anticipated events of the year. It is about tradition and celebrating our campus, as we welcome back alumni and engage in fun and healthy competition. Homecoming is also about tailgating and the traditions we choose to create.



Try having green dot-themed games, like green cornhole or tasty green foods to share as we root for our team. Keep these ideas or Greek Week.

# Reinforcing the Message

### National Accreditation Program & Awards

Acknowledge students who go above and beyond to help spread green dots across campus by nominating them for national recognition and awards.

#### **Greek Code of Conduct**

Being a Greek at TCNJ affords members both privileges and responsibilities. Educate the chapter members about the campus and Greek-specific policies relevant to sexual assault and sexual harassment:

The fraternity/sorority will not tolerate or condone any form of sexist or sexually abusive behavior on the part of its members, whether physical, mental or emotional. This is to include any actions, activities or events, whether on chapter premises or an off-site location which are demeaning to women or men, including but not limited to verbal harassment, sexual assault by individuals or members acting together. The employment or use of strippers, exotic dancers or similar, whether professional or amateur, at a fraternity/sorority event as defined in this policy is prohibited.

### **Service & Philanthropic Events**

At service events, giveaways are very popular. Try handing out magnets, trinkets, etc. that shows appreciation for making our community safer, make Green Dot-oriented arts and crafts (i.e. picture frames), or have an information table ready to share some facts about violence on campus.

Fraternities and sororities dedicate their time and energy to local and national philanthropies. Introduce linkages between philanthropic events that may already be related to violence prevention and Green Dot. For example, have a fundraiser to raise awareness and money on behalf of campus and community based organizations that prevent power-based personal violence (i.e. OAVI, Womanspace).

Page 6

